

Italian Bananas

serves 4

(An unusually good combination of bananas, tomatoes and onions,
"Italian Bananas" is excellent with any roast meat, especially beef)

Ingredients: -

25g/1oz - polyunsaturated margarine

1 - onion, finely chopped

3 - tomatoes, peeled and chopped

5 - bananas, sliced

4 tbsp - dry white wine

Salt

Method: -

Melt the margarine in a frying-pan.

Add the onion and fry until it is soft but not brown.

Add the tomatoes, bananas, wine.

Salt to taste.